

Recommendations - How to Dress for Video Recordings

What to wear:

To bring out healthy skin tones and to not create visual distractions, you may wear:

- Solid shades
- Non-white solid-colored shirts/blouses
- Bright, pastel or simple solid colors
- Button-down shirts or sweaters are recommended to easily attach the microphone onto your clothing

What not to wear:

- Avoid bright oranges or reds
- Do not wear white
- Do not wear black
- Avoid patterns: checks, hounds-tooth, bold patterns, geometric shapes, pin stripes, herringbone patterns and small intricate designs
 - patterns "jump," "buzz" and/or "vibrate" in the camera's eye
- Avoid jewelry or anything that reflects, glints, shines or is noisy.
- Avoid turtlenecks, t-shirts or any sweater without buttons - we will have a very hard time fastening the microphone onto your clothing